## High Blood Cholesterol (Males Age 35+, Females Age 45+)

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•Most recent data (2013): 41% or about 379,600 King County adults [about 218,600 men (42%) and about 161,000 women (40%)].

•Trend over time: 2001-13: flat

•Description: Ever been told by a doctor, nurse, or other health professional you have high blood cholesterol (men age 35+ and women age 45+ who have been checked for blood cholesterol)

•Healthy People 2020 Goal: 14% or lower

### High blood cholesterol (males age 35+, females age 45+), King County, 2009-2013 average

	Percent	Lower Cl	Upper CI	
King County (males age 35+, females age 45+)	44	42	46	
AGE				
45-54	35	32	39	
55-64	48	44	51	
65-99	56	53	59	
SUBPOPS				
GENDER				
Male	45	42	48	
Female	43	40	45	
RACE/ETHNICITY				
AIAN	*	*	*	
Asian	41	34	48	
Black	38	30	48	
Hispanic	47	36	58	
Multiple	44	31	58	
NHPI	*	*	*	
White	45	43	47	
HOUSEHOLD INCOME				
<\$15,000	53	44	63	
\$15,000 to \$24,999	56	49	62	
\$25,000 to \$34,999	49	42	56	
\$35,000 to \$49,999	45	39	51	
\$50,000 to \$74,999	48	43	53	
\$75,000+	38	35	41	
REGION				
East	43	40	46	
North	49	42	57	
Seattle	40	37	44	
South	47	44	50	
STATE				
Washington State	46	45	47	

### Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

#### Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

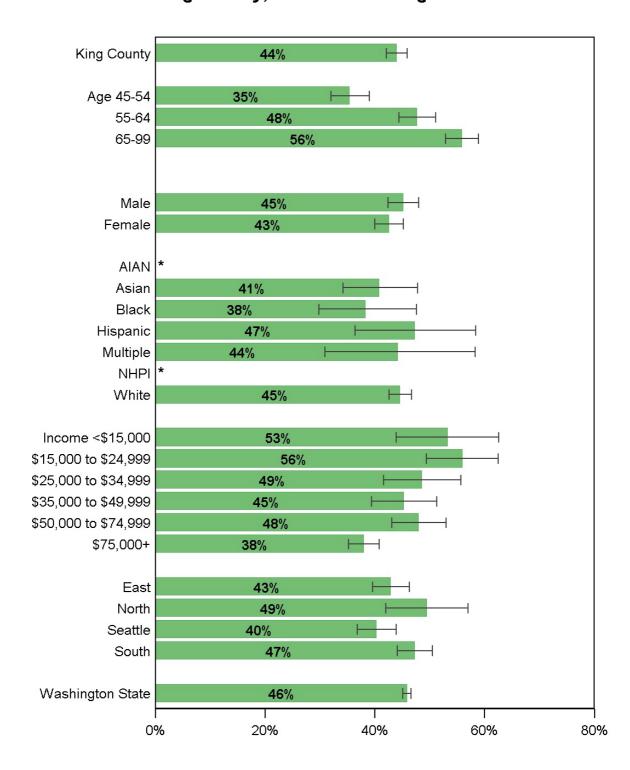
CI is 95% Confidence Interval.

 $^{\star}$  Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

## High blood cholesterol (males age 35+, females age 45+) King County, 2009-2013 average



Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

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|-----| Confidence interval shows range that includes true value 95% of the time.

\* Too few cases to protect confidentiality and/or report reliable rates. \* Too few cases to protect confidentiality and/or report reliable rates. § Too few cases to meet precision standard, interpret with caution.

## High blood cholesterol (males age 35+, females age 45+) by health reporting areas, King County, 2009-2013 average

	Percent	Lower Cl	Upper CI
King County (males age 35+, females age 45+)	44	42	46
Auburn	48	37	58
Auburn-North	47	35	58
Auburn-South	49	31	67
Bear Creek/Carnation/Duvall	42	34	50
Bellevue	42	35	49
Bellevue-Central	38	26	52
Bellevue-NE	51	40	63
Bellevue-South	44	31	58
Bellevue-West	32	21	46
Black Diamond/Enumclaw/SE County	45	36	55
Bothell/Woodinville	55	38	70
Burien	49	38	59
Covington/Maple Valley	49	37	61
Des Moines/Normandy Park	46	35	58
East Federal Way	52	36	67
Fairwood	44	30 49	59 70
Federal WayFed Way-Central/Military Rd	60	49 55	70 80
Fed Way-Dash Point/Woodmont	41	29	54
Issaquah	40	24	58
Kenmore/LFP	46	32	61
Kent	44	36	52
Kent-East	41	29	55
Kent-SE	44	33	56
Kent-West	45	27	64
Kirkland	47	39	55
Kirkland	48	37	59
Kirkland North	45	34	56
Mercer Isle/Pt Cities	34	26	43
Newcastle/Four Creeks	41	30	53
North Highline	*	*	*
Redmond	38	28	51
Renton	46	38	53
Renton-East	44	31	57
Renton-North	50	34	66
Renton-South	44	34	55
Sammamish	43	35	51
SeaTac/Tukwila	42	30	55
Seattle	40	37	44
Ballard	45	36	54
Beacon/Gtown/S.Park	62	45	76
Capitol Hill/E.lake	37	24	53
Central Seattle	32	21	44
Delridge	23	15	35
Downtown	53	34	71
Fremont/Greenlake	36	26	49
NE Seattle	40	32	49
North Seattle	44	35	53
NW Seattle	41	31	52
QA/Magnolia	42	29	57
SE Seattle	47	32	63
West Seattle	30	22	38
Shoreline	49	40	58
Snoqualmie/North Bend/Skykomish	56	45	66
Vashon Island	52	39	65
Comparisons:	<u> </u>		

### Comparisons:

Higher than King County rate (yellow) Lower than King County rate (green)

### Notes:

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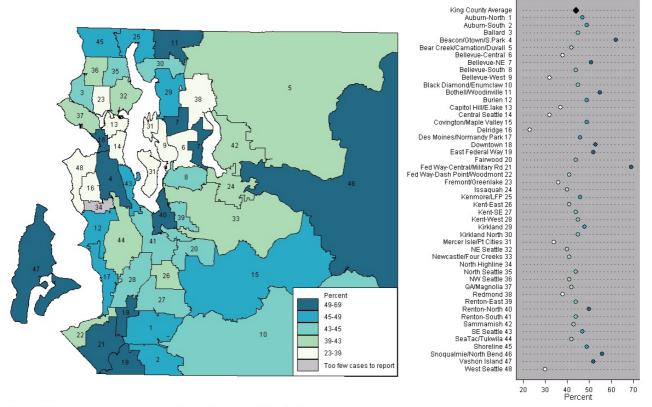
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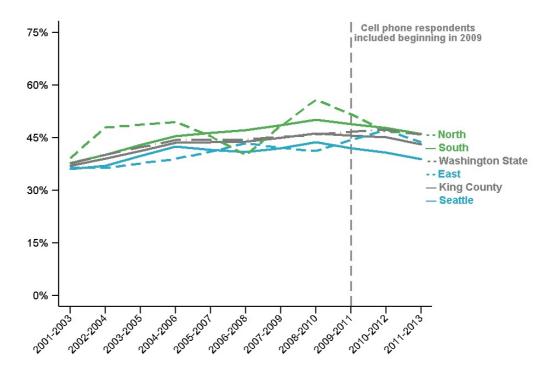
# High blood cholesterol (males age 35+, females age 45+) by health reporting areas, King County, 2009-2013 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

### High blood cholesterol (males age 35+, females age 45+) King County, 2001-2013, three-year rolling averages



Trends over time: King County (2001-13: flat); East KC (2001-13: flat); North KC (2001-13: flat); Seattle (2001-13: flat); South KC (2001-09: ; 2009-13: flat); Washington State (2001-13: flat) Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Produced by the <u>Assessment, Policy Development & Evaluation Unit</u> <u>Public Health - Seattle & King County</u> 07/16

